



THE COOP Spoonful

A biweekly publication for members of the Olympia Food Co-op and its surrounding communities

Oct. 30 - Nov. 12, 2019

Local Savings

Lost Peacock Cheese

Rachael and Matthew Tuller, along with their two children, live and work on their farm situated on Cross Creek Lane in northeast Olympia. Every day they milk some 36 goats and every other day make that milk into some outstanding cheeses which the Co-op is pleased to offer to our members. Chevre is a soft creamy farmstead cheese, touched only with a little sea salt, and is a wonderfully spreadable cheese. For a spicier version, they have created Thai Garlic Chevre which comes with a hint of Thai chili. Halloumi shows up crispy on the outside and chewy on the inside, sprinkled with fresh from the farm mint and sea salt. Look for them in the cheese departments of both stores, and use the coupon!



their blog that “animals enrich the soil, the soil produces plants, the plants feed the animals.” To meet this goal, they power their farm with alternative energy. Lost Peacock does not use antibiotics or growth hormones so prevalent in factory farming.

Aspiring to what is called in Europe “high farming,” the folks at Lost Peacock look for the perfect balance between plants and animals, pointing out on

Lost Peacock supports agritourism and open their doors to public tours of the farm by appointment.

Vist www.lostpeacock.com ■

Vote NOW!

- Board Members
- Beer & Wine Ballot

Voting is open to all members of the Olympia Food Co-op, October 15 - November 15! Vote in either store or online at www.olympiafood.coop ■

Olympia Food Co-op 42nd Annual Membership Meeting

Saturday, November 2nd
11 am - 2 pm
Olympia Center
222 Columbia St NW

Join us for our annual gathering of the membership and learn what your Co-op staff and Board have been doing in 2019! Hear speeches by your candidates for the two open Board of Directors positions:

- Tami Bennett
- Jace Denton
- Jon “Eppo” Epstein
- Linda Myers
- John O’Brien
- Cristina Rodriguez
- Trudy Springer
- Bruce Wilkinson

Discuss the binding member ballot initiative to carry beer and wine. Enjoy music from Citizens Band and a catered lunch, and don’t forget to cast your ballot! ■

**CO-OP LOCAL
COUPON**

**50¢
OFF**



good for 50¢ off
any variety of
LOST PEACOCK CHEESE

one coupon per visit
valid thru 11-12-19



Olympia Food Co-op Court Case Continues

On October 22nd, a Washington appeals court was urged by human rights lawyers to uphold an earlier ruling dismissing a lawsuit against former Olympia Food Co-op Board Members for their decision to boycott Israeli goods.

Originally filed in 2011, the case was brought by five Co-op members seeking to stop the boycott, and to collect monetary damages. Five months later, the suit was dismissed as an illegal Strategic Lawsuit Against Public Participation (SLAPP). When Washington's anti-SLAPP statute was struck down, the suit was then reinstated.

For over eight years, Grace Cox, who is the Co-op Staff Representative to the Board, has been forced to defend against the lawsuit. "We're looking forward to a final resolution of this interminable case," she said. "This attempt to chill our right to free speech should have ended long ago."

Plaintiffs claimed the Co-op had been harmed by the boycott, however membership and sales increased following the boycott, preventing the plaintiffs from making their case.

Center for Constitutional Rights Deputy Legal Director Maria LaHood commented that, "This eight-year-old, harassing lawsuit is a textbook attempt to stifle protected advocacy for Palestinian rights. We hope the court will put an end to this abuse of the judicial system once and for all." ■

Frozen Department Special Featured Items

There will be more to come!

Eastside Store

Chuckanut regular and gluten free Pumpkin Cheesecakes-
most stores do not have these yet!
Talenti Peppermint Bark and Key Lime Pie Gelato
Alden's Pumpkin Ice Cream
Field Roast Celebration Roast 2 lb
Tofurky Veggie Roast
Tofurky Style Roast
Apple, Pumpkin, and Cherry Pies
Wholesome Pie Dough

Westside Store

Chuckanut Pumpkin Cheesecakes
Tofurky Veggie Roast
Talenti Peppermint Bark
Alden's Pumpkin Pie
Wholesome Pie Dough ■

Olympia Food Co-op

Working Member Appreciation Week

We love our working members - the heart of the Co-op! Working members keep the stores in sync with our community. Working members are valuable local resources. Working members bring expertise, energy, and engagement to their work. Working members keep prices lower for everyone. Working members learn new job skills. Working members are what make Olympia Food Co-op so special!

Congratulations to the winners of our Working Member Appreciation Week Raffle!

Aine B. • Brin I. • Donna D. • Grant W. • Ken P.
Lilly L. • Linda M. • Lisa G. • Önder C. • Rick P.
Shelia W. • Wendy K. ■

Working Member Profile: Jasper Lee



Jasper has been volunteering at the Co-op for six years. Jasper has worked as an opener, a cashier, and also helped in the grocery and wellness departments.

She started participating in the Working Member Program at the Co-op because she believes in the organization's values and goals and wants to support the business. Jasper also enjoys knowing that she is helping the store keep its prices more affordable for shoppers.

Jasper enjoys working in wellness because she is able to help shoppers find specific items or offer suggestions for items in a specialized department.

One of Jasper's favorite vegetables is broccoli. Her favorite way to prepare is by keeping it simple, and briefly steaming it.

Thank you for your work Jasper! ■